

#### **CIH Transform**

A multi-year effort to engage stakeholders and advance services for individuals with disabilities

#### What is CIH Transform?



- The state of Indiana is transforming the Community Integration Habilitation (CIH) waiver
- Our goal is to improve services to waivereligible participants
- We want your feedback



- More people who need support to live in the community
- Workforce shortages
- Tight funding

#### Moving forward



Indiana is working to find ways to:

- Deliver quality services
- Support as many individuals and families as possible
- Develop a service system which provides quality services to participants, builds upon natural supports and remaining easy to navigate for families and providers

#### Moving forward

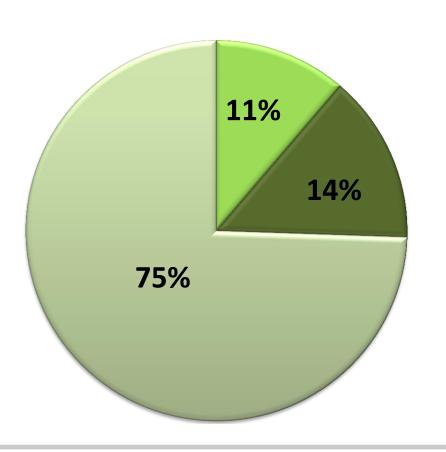


A successful service system

- Supports people in their community
- Is sustainable
- Is affordable

# In the United States, 4.7 million individuals have Intellectual or Developmental Disabilities





- Receiving Services Out of Home
- Receiving Services Living at Home
- Not Receiving Services -Living at Home

### Community dynamics - Indiana and nationwide



A labor shortage is worsening in one of the nation's fastest-growing occupations - taking care of the elderly and disabled - just as baby boomers head into old age.

Wall Street Journal April 15, 2013

### Community Dynamics - Indiana and Nationwide



 A service delivery model based on 24/7 paid staff will no longer be a sustainable model for any state.

#### Why are we transforming the CIH Waiver?



- In Indiana 38% of people with I/DD on state caseloads live with family
- We know there are many additional people with I/DD with no formal, statefunded supports
- We want to ensure that individuals have supports beyond their natural families for a rewarding life that is integrated into the community

### Why are we transforming the CIH Waiver?



#### Indiana firmly believes in

- Supporting as many individuals and families as possible
- Providing supports to individuals within their communities
- Developing relationships within models of support
- Building a foundation for a sustainable system
- Accessing supports and opportunities for competitive employment and meaningful day activities

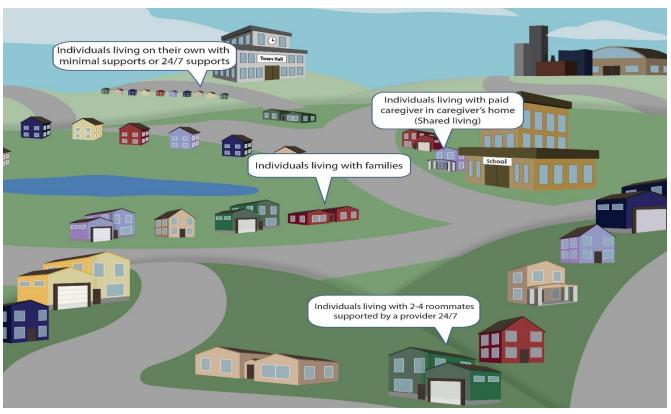
## How will Indiana build a sustainable system?



- Supporting families
- Developing relationship-based living arrangements
- Promoting employment and other meaningful day opportunities
- Exploring technology

# What pathways does our current system promote and offer to individuals and their families?









- Supports can be delivered in the community, which includes the family home.
- Individuals who live with family currently are initially allocated anywhere from 0.2 to 8 hours a day of <u>residential</u> supports.\*

<sup>\*</sup>The IST may submit a request for additional supports as appropriate to meet the needs of the individual.

## Individuals living on their own with paid supports

- Supports can be delivered in the community, which includes the individual's home.
- Individuals who live on their own in their own residence currently are initially allocated anywhere from 0.2 to 11 hours a day of residential supports.\*

<sup>\*</sup> The IST may submit a request for additional supports as appropriate to meet the needs of the individual.

# Individuals living in a home with 1 to 3 housemates and sharing staffing



- Supports can be delivered in the community, which includes the individual's home.
- An individual who lives in a home with others receiving CIH waiver services, currently receives an initial allocation of 0.2 to 12 hours a day of residential supports.\*

<sup>\*</sup> The IST may submit a request for additional supports as appropriate to meet the needs of the individual.

# Structured Family Caregiving



- Supports may be provided within the community which includes the private home the individual shares with a caregiver.
- Individuals who live in a family caregiving model, may receive up to 24 hour daily care.
- The caregiver may not be the spouse of the participant or the parent of the minor participant.

#### CIH waiver amendment



- DDRS is going to make changes to the CIH waiver.
- DDRS is engaged in meetings to discuss these changes.
- DDRS is holding Town Hall meetings in September to gather input from people receiving services/families/advocates and providers.

### CIH waiver amendment cont'd



- DDRS will post a schedule of the policy discussions for stakeholders.
- Stakeholders are strongly encouraged to submit thoughts and ideas on changes.
- DDRS will provide a format for comments which will allow us to compile summaries of comments received and actions taken in response.
- A timeline for submission of input will be included with the schedule.

#### Next steps

- Please visit in.gov/fssa/ddrs, under the BDDS\*
  page, click the CIH Transform link for updated
  information.
- Please participate in discussions and provide feedback to DDRS about your experiences and proposed changes.
- As the schedule for the policy discussions are posted, please use the questions provided to submit input.
- Thank You for your continued interest and involvement in this important systems change.

#### Where to Find Documents



- Go to www.in.gov/fssa/ddrs
- Under FSSA Programs, select
   Developmental Disability (BDDS) and click on CIH Transform